

www.connexions-tw.co.uk

Everything you need to know about Connexions



connexions

What is Connexions?

Connexions is a confidential advice and support service for all 13-19 year olds (and up to age 25 for young people with special needs).

Connexions offers you advice and support on a wide range of lifestyle issues including education, training, careers, employment, health and personal development opportunities. Connexions has been set up with the help of young people for young people.

What is a Personal Adviser?

Connexions Personal Advisers can offer you information and guidance to help you make positive choices about your future. A Personal Adviser is someone who will get to know you and offer the information and guidance that is best for you as an individual. If you need particular support to overcome barriers to learning, your Personal Adviser can put you in touch with the right people.



Making choices

Making choices at school and college

Connexions Personal Advisers are on hand to talk about all the options available in schools, sixth forms, further education colleges, universities and work-based learning or job opportunities.

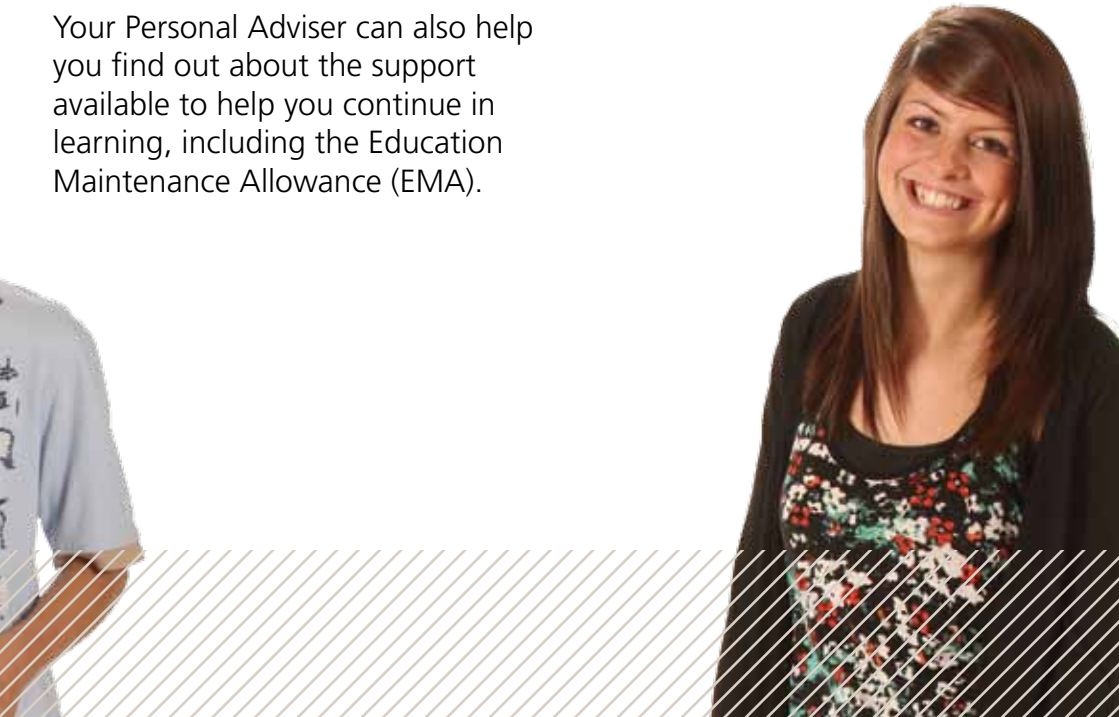
At Connexions Access Points in schools and colleges you can browse current vacancies, look at prospectuses or access information from computer-based resources.

Your Personal Adviser can also help you find out about the support available to help you continue in learning, including the Education Maintenance Allowance (EMA).

Apprenticeships and other work-based learning

Connexions can help you find the opportunities that suit the way you want to work and learn.

Your Personal Adviser will discuss all the options with you and answer your questions about Apprenticeships, Entry to Employment (E2E) programmes and other work-based learning opportunities.



Help if you're looking for work

If you find yourself looking for work, you may have lots of questions to ask your Personal Adviser concerning the options available to you. You can also call into any Connexions Centre to apply for vacancies or to find out about the benefits you may be entitled to.

You can check current vacancies by calling free on **0800 073 8700** between Mon-Fri 8.30am-5pm.

The vacancy service is available 24 hours a day by clicking onto **www.connexions-tw.co.uk**.

Help if you're working

Connexions can help you even after you've found a job. Your Personal Adviser can help you look for further training opportunities or advise you about changing careers.

Your Personal Adviser can also advise on your employment rights (including the Right to Time Off for Study or Training if you want to gain National Vocational Qualifications up to Level 2) and talk to you about any other issues you want to discuss.

Check out current vacancies on Freephone 0800 073 8700 and on-line 24 hours a day at www.connexions-tw.co.uk



www.connexions-tw.co.uk

The Connexions website is available 24 hours a day and young people can click onto a range of information. Current local job vacancies are advertised on-line - you can apply on-line too!

Supporting Equality and Diversity

Connexions is committed to ensuring equality, combating discrimination and celebrating diversity. Connexions will ensure that all clients can access services that meet each individual's needs, regardless of gender, race, religion, age, sexual orientation, care/parenting responsibility, criminal record, or disability. All Connexions information products can be supplied in large print, audio, Braille or languages other than English. If you require this service or would like more information please contact your local Connexions Centre.

Connexions Direct

Connexions Direct offers information and advice on a wide range of topics. Connexions Direct Advisers are on hand to listen to young people and can offer confidential advice and practical help by telephone, through web chat, via e-mail or text message. Connexions Direct Advisers are available from 8am right through to 2am, seven days a week.

Call a Connexions Direct Adviser free on 080 800 13 2 19, text 07766 413 219 or visit www.connexions-direct.com.

Local Area Prospectuses

Local area prospectuses are user friendly, searchable directories of education and training available in your local area:

www.logicat16.co.uk - Learning opportunities in Gateshead

www.newcastleroutes.co.uk - The Newcastle 14-19 prospectus

www.get-it-sorted.org.uk - 14-19 prospectus for North Tyneside

www.st19.net - South Tyneside 14-19 prospectus

www.sun1419.net - Sunderland's area prospectus for 14-19 year olds

Connexions Centres

Interchange Centre Gateshead

Direct Line **0191 433 6800**

Opening times

Mon-Fri 9.30am-5.30pm

Sat 10am-3pm

Newbottle Street Houghton-le-Spring

Direct Line **0191 443 2972**

Opening times

Mon and Fri 10am-4pm

Tue and Thur 10am-5pm

Wed appointments only

Percy Street

Newcastle upon Tyne

Direct Line **0191 277 1944**

Opening times

Mon-Fri 9.30am-5.30pm

Sat 10am-5pm

Russell Street

North Shields

Direct Line **0191 290 0415**

Opening times

Mon-Fri 9.30am-5.30pm

Sat 10am-3pm

Ocean Road South Shields

Direct Line **0191 424 6630**

Opening times

Mon-Fri 9.30am-5.30pm

Sat 10am-3pm

Fawcett Street Sunderland

Direct Line **0191 443 2950**

Opening times

Mon, Wed 9.30am-5.30pm

Tue, Thur, Fri 9.30am-5pm

The Galleries Washington

Direct Line **0191 443 2986**

Opening times

Mon, Wed, Thur 10am-5pm

Fri 10am-4pm

Tue appointments only

Connexions Direct

Call free on **080 800 13 2 19**,

text **07766 4 13 21 9** or visit

www.connexions-direct.com.

Open 8am-2am, Mon-Sun

www.connexions-tw.co.uk