

Have you ever felt unfairly treated in:

**Career choices
Training
Apprenticeships
FE/HE
Getting a job
In work**

Could your treatment have been because of your sex?



Young people have asked us these questions...

I am on a training course to be an electrician. The teacher keeps sending me off to get sandwiches and make cups of tea whilst the young men do practical work. What can I do?

I went for an apprenticeship as a nursery nurse but they said they don't take on young men. Can they do this?

I am getting taunted at work all the time because I wear the hijab. How can I make them treat me with respect?

I am at college and one of my lecturers keeps asking me about my sex life and asking me out. This is making me feel very uncomfortable. What can I do?

I'm in my first job and discovered that the men are getting paid more than the women. My boss says it's because the men are using more complicated machinery but us women use most of the same equipment. Can we do something about the difference in our pay?

I told my employer that I was pregnant. Next thing they tell me I'm not doing a good enough job and sack me. What can I do?

I work part-time at a supermarket and have been told that I can't have further training because only full-timers are eligible. Is this fair?

"I've always wanted to be a plumber but my careers adviser says it isn't a suitable job for a young woman. Is she right?"

You can take action!



It is against the law to treat someone unfairly because of her or his sex, or transgender status.

The Sex Discrimination Act (SDA) and Equal Pay Act can protect you from being treated unfairly from day one in employment or any aspect of your training or post school education. You are protected from sex discrimination in: careers advice, vocational training, further or higher education, recruitment, employment and pay.

You are protected from discrimination for other reasons such as disability, race, religion or belief, sexual orientation and (shortly) age. It is not unusual to suffer discrimination for more than one reason, for example, your sex and your race. Advice on these issues can be gained from the organisations listed in this leaflet.





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What can you do?

Ask a trusted friend, youth worker or colleague for support

Get free, confidential advice from our Helpline: 0845 601 5901 or by email: info@eoc.org.uk

Go to your personal Connexions adviser or union representative who can help you

Go to your local students' union

Go to your local Citizens Advice Bureau or Law Centre

Experts in this field will offer guidance on how to prevent employers or colleges from discriminating against you

Be pro-active, deal with the situation, don't allow employers to use your age as an excuse, or a college to treat you badly. You can take action against an employer or college where you feel you have suffered poor treatment due to your sex.

You are also entitled to equal treatment from youth services.

Visit our young people's website at www.eoc.org.uk/youth for more information

Where to go for help

Equal Opportunities Commission (EOC)
info@eoc.org.uk

EOC Wales
wales@eoc.org.uk

EOC Scotland
scotland@eoc.org.uk

www.eoc.org.uk



Women. Men. Different. Equal.
Equal Opportunities Commission

National Union of Students (NUS)

If you're at college or university, contact your local students' union for advice and information. For more information on students' unions and student life, go to:

www.nusonline.co.uk



UK Youth

info@ukyouth.org
www.ukyouth.org



Connexions

Free helpline 080 800 13219
www.connexions.gov.uk

Citizens Advice Bureau
www.citizensadvice.org.uk
Scotland: www.cas.org.uk

Young people – know your rights!

Free information on Sex Discrimination and Equal Pay